
***Mental Health
Planning &
Advisory
Council***

Vision

Plan, Advocate, Evaluate

Mission

*To advocate for a system that supports persons
impacted by mental disorders on their journeys to
achieve the highest quality of life possible by
promoting evidence-based, cost-effective,
individualized mental health services.*

Cathii Nash, Chair
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Mental Health Planning and Advisory Council
SeaTac Holiday Inn Express Hotel
19621 International Blvd, SeaTac
November 14, 2007, 9:30 – 3:30
MINUTES

- Present: Rick Crozier, Eleanor Owen, Becky Bates, Merja Kehl, Helen Nilon, JoEllen Woodrow, Dwight McClain, BJ Cooper, Bill Waters, John Furze, Brien Critchlow, Annie Conant, Dan Clement, Traci Adair, Don Nichols, Thressa Alston, Ron Hertel for Russ Hammond, Tom Saltrup, Erin Peterschick, and Nanette Baker
- Excused: Cathii Nash, Cheri Dolezal, Danny Eng, Lenora Warden, Roger Bauer, Fran Collison, Michael Paulson, Michelle Murphy, and Matthew Stolberg
- Unexcused: Mary Christie, Vanessa Lewis, Kelli McBride,
- Guests: Judy Gosney, Federal Block Grant Planner, Mental Health Division
Katie Weaver-Randall, Research Associate, WA Institute for Mental Illness Research and Training (WIMIRT)
Diane Eschenbacher, Co-Chair, Adult Consumer Subcommittee (ACS)
Garrison Nutt, Older Adults Treatment and Services Subcommittee member (OATS)
Delcie Williams, WMIP Mental Health Ombudsman, Molina Healthcare of WA

AGENDA ITEM	DISCUSSION LEADER	DISCUSSION	DECISIONS, ACTIONS, ASSIGNMENTS
<p>A. Review and Vote on October 10, 07 Council Minutes</p> <p>B. Review Pending Action Items from October 10th</p>	<p>Rick Crozier, Vice Chair</p>	<p>P&P Minutes</p> <p>C. Change disruption to distribution</p> <p>MHPAC minutes: fix spelling of John Fruze to Furze</p> <p>Discussion on co-chairs for ACS subcommittee</p> <p>Minutes</p> <p>Approved one abstention</p>	<p>Move to accept minutes Approved</p> <p>Is a co-chair and accurate reporting since Clifford is vice chair?</p> <p>Discussion for next MHPAC</p>
<p>Vote on Chair and Vice-Chair positions</p>	<p>Eleanor Owen, Chair, Nomination Committee</p>	<p>Eleanor Owen Chair of the Nomination Committee nominated to vote for Rick Crozier for Vice Chair</p> <p>MOTION to vote Rick Crozier for Vice Chair</p> <p>Approved-one abstention</p> <p>Eleanor Owen Chair of the Nomination Committee nominated to vote for Cathii Nash as Chair</p> <p>MOTION to accept Cathii Nash as Chair</p> <p>Approved-one abstention</p>	<p>Open for any other Vice Chair nominations</p> <p>Chair of Nomination welcomes Rick Crozier as Vice Chair and Cathii Nash as Chair</p>

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COUNCIL BUSINESS: 1. WA Community Mental Health Council's survey for the upcoming WA Behavioral Healthcare conference in June 08	Rick Crozier, Vice Chair	Summary of the discussion that was submitted to Alison at the WA Community Mental Health Council on Nov 16, 2007 is pasted below:	Deadline to submit survey input from MHPAC is Nov 19 th to Alison Avery

Request For Information for the WBHC Behavioral Healthcare Conference

Responses from Nov 14th MHPAC meeting

I. Do you have any specific suggestions for improvements we might make for the 2008 WBHC?

- More panel discussions that focus on moving towards transformation/recovery, e.g. more cracker barrel discussions; perhaps with various DSHS/MHD key personnel.
- How about a Job Fair for consumers (maybe even instead of vendors).
- Need for a consumer “quiet room” or meeting place for consumers.
- Do something to attract the “non traditional providers” e.g. clergy, shelter workers, food bank people, etc.
- More focus on cultural competence.

II. Keynote Speaker suggestions

- Mark Reagans – The Village, California
- Patrica Deegan, PhD – a consumer who is a pioneer in the recovery movement
- Gino Eisenberg – U of W professor with a focus on EBP's that work across cultures.
- Dr. E. Fuller Torrey – Washington DC; renowned researcher in Schizophrenia. Runs a Treatment Advocacy Center
- Dr. Patch Adams: to challenge us to think outside the box.
- Dr Jeff Thompson: Medical Director, Washington State HRSA: does a wonderful talk on EBP

III. Local Presenters

- Mary Tott: Highline West Seattle Mental Health on her pilot project: “Journey To Life Wellness” which is a recovery model.

- Marge Critchlow; how to be an advocate for children and families. (wp) 253-537-2145
- Beth Hammonds (now with Valley Cities Counseling in Auburn) on use of Recovery Language and Peer Support (cp) 253-335-3861
- David Johnson – Changing the Traditional Mental Health Paradigm 206-933-7225
- Lilly Baldwin – Treatment paradigms fro multicultural pops. Spokane, Children’s Home Society of Washington

IV. Suggested topics

- Teaching on how to be an effective advocate
- Any topics that address youth in transition (18 – 25 year olds)
- How to get older adults into treatment.
- Traumatic Brain Injury: is it a mental health concern? (Mary Louise Jones [DSHS] may know someone....) or contact University of WA School of Medicine.
- Presentation on Hope Options: an AAA/Everett Housing Authority/Compass Mental Health project designed to keep older adults in their housing.
- CIT training of police. This has been done in several communities, e.g. Clark County, Wenatchee.... One point of contact may be Jim Hutchins, Olympia Police.

AGENDA ITEM	DISCUSSION LEADER	DISCUSSION	DECISIONS, ACTIONS, ASSIGNMENTS
2. Bylaw changes	Rick Crozier, Vice Chair	Ground Rules	To late to add changes to this draft. Be respectful and courteous
Article I: Purpose: Section 3: GOALS APPROVED to keep as is with just the word “GOALS” Article I: Purpose Section 4: OTHER GOALS APPROVED OTHER GOALS (stays the same) Article I: Purpose Section 4, C: Line 11 thru 15			

APPROVED to only add the words “practices and other effective” models of care. No other changes approved in this paragraph.

Article II Duties, Section 1 Duties Number 2:

APPROVED to accept edits but omit space after the hyphen. OKAY as written

Article II Duties, Section 1 Duties Number 4: APPROVED

Article II Duties, Section 1 Duties Number 5: APPROVED WITH ONE AMENDMENT: adding the word “adults and” before special population groups

Article III Membership: Section 2 Appointment of Members: APPROVED

Article III Membership: Section 3, Membership, C:

Vote was in favor to delete both the words “adequate significant” out *unless this is federal language*.

Article III Membership: Section 3, Membership, E:

APPROVED to read: The Chair of the subcommittee “either Vice Chair, Co-Chair, or a permanently assigned designee.”

Article III Membership: Section 4 Terms of Membership C:

APPROVED adding words “upon Council and the Director’s recommendation”

Article III Membership Section 5 C: Additional language APPROVED

Article III Membership Section 6 B: APPROVED

Article III Membership Section 6 F: Add MHPAC instead of the word Council APPROVED

Article IV Meetings Section 1: APPROVED add the words “to be” instead of “being”

Article IV Meetings Section 5 Agenda A. APPROVED to keep the change “two weeks” instead of 10 days.

Article IV Meetings Section 5 Agenda B: APPROVED to edit strike the words program administrator and add Vice-Chair.

Article V: Elections and Officers, Section 2 Removal, Line 27 through 31: New paragraph APPROVED ONE ABSTENTION
Add a paragraph notification or asking the Director and Secretary regarding the removal of member.

Article V: Elections and Officers, Section 2 Removal, Line 32-33:

Roberts Rules is two-thirds majority which is super majority. This is serious action so it should be super majority.

APPROVED to keep statement and amend to read “Upon the vote of a super majority” of the Council.

Article V: Elections and Officers, Section 3: Spokesperson for the Council

Note for the record: JoEllen Woodrow has a change for the January since she thinks this section conflicts with Article III, Section 6
Communication number D

Article VI Travel and Expenses Section 1 line 11-12 APPROVED

Article VII Subcommittees line 30—32: Amendment to strike “at the January meeting”
APPROVED AS AMENDED

Article VII Subcommittees, Section 3 Size and Terms of Appointment B line 13—16:

Amend “whenever possible” at the beginning of statement

Amend strike word “And” and add a slash to read “consumer/family” APPROVED ONE ABSTENTION

Article VII Subcommittees, Section 3 Size and Terms of Appointment C line 17-18:

APPROVED to strike this paragraph.

Article VII Subcommittees, Section 5: Standing Subcommittees D: Sexual Minorities:

APPROVED to strike the word Administrative

Article VII Subcommittees, Section 5: Standing Subcommittees F line 44-46:

APPROVED to accept the additional language

Article VII Subcommittees, Section 5 Standing Subcommittees C line 45

Delete the word “Administrative” APPROVED

Article VII Subcommittees, Section 5: Standing Subcommittees G line 13:

Strike the words “the only” accept the word “an” and insert “adult” before consumer APPROVED

Article VII Subcommittees, Section 5: Standing Subcommittees G line 30: APPROVED AS CHANGED

Article VII Subcommittees, Section 5: Standing Subcommittees G line 32: APPROVED

Article VII Subcommittees, Section 6: line 44: APPROVED to add the word “super” before majority.

Article VII Subcommittees, Section 6: Removal line 1-4:

Page 11 line 44 add “super majority” strike the paragraph on line 1-4 on page 12 of revised Bylaws. APPROVED

Article IX: Grievances and Complaints Section 1 line 31: APPROVED

Article IX: Grievances and Complaints Section 1 line 33-34: APPROVED

Article IX: Grievances and Complaints Section 1 line 37-39 and 1-2: APPROVED

Name change to Catherine Nash: APPROVED

Make Footer Nov 14, 2007 to original signed version of Bylaws. APPROVED

AGENDA ITEM	DISCUSSION LEADER	DISCUSSION	DECISIONS, ACTIONS, ASSIGNMENTS
Review FBG criteria Presented by Judy Gosney and Katie Weaver-Randall	Rick Crozier, Vice Chair		
<p>MHD gave the Council the budget this year for them to distribute for their subcommittees and the large meeting as well as other meetings they support but did not break it down for them.</p> <p style="text-align: center;">FBG TIMELINE</p> <p><u>2008</u></p> <p>May 1 Plans due from RSNs to Judy Gosney, <u>Council needs copies for the May 14th meeting packet, by May 6, 08</u> Submit comments to MHD Staff after MHPAC has reviewed the plans</p> <p>June or July: Reviewed RSN plans by MHPAC</p> <p>July/Aug: MHPAC Review application for 08 plan after the RSN comments</p> <p>July or Aug Combine comments from MHPAC and MHD Staff and submit to SAMSHA</p> <p>September 1: 2009 FBG Application to SAMSHA (has to stamped in the office of SAMSHA by Sept 1st)</p> <p>October Draft implementation Report</p> <p>November: Peer review of FBG Application MHPAC review of 2008 implementation report</p> <p>December: Implementation report due at SAMHSA</p> <p>First week of Nov SAMSHA peer review of our application. One thing Judy needs from the Council is a clear direction on what MHPAC wants the RSN to change.</p> <p><u>RSN Advisory Board</u> Add new timeline in May MHPAC RSN report out of plan Mid-year report **Plan for RSN addressing subcommittees topics MHD/MHPAC= FBG forum in 1/08 (Judy talk to Fran) ADOC = Criteria</p> <p>Right now the 08 application has been approved. Today comments are needed for the 07 implementation report.</p>			

- Suggestion was to invite RSN and Advisory Board Chairs to attend the March or April MHPAC meeting for MHPAC/RSN review of plan submittal. Write letter to RSN in November from Chair and/or Vice Chair, inviting them to attend.

Previous conversation: Fran will talk to MHD regarding MHPAC ask MHD to inviting RSNs as collaboration.
Idea for FBG workshop at the Behavioral Healthcare conference in June 2008.

FFY 07 beginning balance handout

Picture of how the money works:

1 year to obligate the money 2 years to spend the money.

FFY 07-08 **9/30/07---9/30/09**

FFY 06 10/1/06 9/30/07

FFY 07 10/1/06 9/30/08

FFY 08 10/1/07 9/30/09

MHD has of all the 2007 money. Until all contracts for 07 have been paid the FFY07 is still a moving number. We have until Sept of 2008 to spend. Fiscal stated all bills should be in by end of Dec, 2007.

We just finished the end of the spending fiscal year 2008. Any money not spent needs to go back to SAMSHA.

Review of RSN FFY 08 funds handout

The MHD/FBG Committee requests program review and money is only obligated if outcomes are produced.

ACTION: Judy will check and get back to Nanette on John Furze's question regarding when the Sexual Minority training is.

FBG defines five criteria. This year all we have to do is address the areas of need and how they need to be address, money spent and talk about performance indicators.

Implementation Report:

Discussion on MHD Draft Implementation Report for FFY 07, still spending the money.

If you review this report and notice something missing or if you think something happened great in the state Judy Gosney would like to know.

Presentation on Performance by Katie Weaver-Randall

Performance Indicators: MHD is required to submit data (performance indicators) to SAMSHA in three different formats to meet the FBG reporting requirements. We submit performance indicator data and targets in the FBG plan, the FBG implementation report, and in the Uniform

Reporting System (URS) tables.

The FBG implementation report and URS tables are what we are currently working on and are due December 3rd, 2007. In years past we had a long list of indicators that we reported in the implementation report based on the goals and activities supported by Washington's FBG. This process has been changed and we are now only required to report on the National Outcomes Measures (NOMS). This has greatly reduced the number of performance indicators that we include in the FBG plan and implementation report and at the same time has made them less tailored to the activities of Washington State. The FBG implementation report is compiled in the WebBgas system, an electronic interface. This system has not been very reliable and we've had difficulty entering and getting information saved, which has resulted in incomplete information for the Evidence Based Practice indicators. It also appears that all of the information associated with each indicator did not print, so you are missing the sections that tell you how each indicator was operationalized, the population included, and any issues. This information will be better displayed in the final implementation report.

For the URS tables, we report more performance measures than are required in the FBG plan or implementation report and they are reported by more demographic breakouts (ethnicity, gender, and age group). The URS tables and the final implementation report will be available after December 3rd.

In addition to the Performance Indicators that are reported for the FBG, the MHD has a web-based performance indicator system that provides performance measures around service utilization (inpatient and outpatient), quality of services, and some outcomes. This system allows reports to be generated in a number of different formats and by different breakouts (demographic characteristics, RSN, type of service). Access to this system can be granted by emailing Can Du at DuC@dshs.wa.gov and putting MHD-PI web system access in the subject line.

Vote for approval of Implementation Report **APPROVED, 2 ABSTENTIONS**

MOTION: To approve the letter to Lou Ellen Rice dated Nov 6th regarding the FBG. **APPROVED.**

TABLE FOR JANUARY AGENDA DOC Presentation DOC Mental Health Services Population demographics The DMIO & MIO/CTP programs, if needed Re-entry legislation and Implementation and workgroups in place.	Tom Saltrup	Tom Saltrup is willing to give his presentation in January so we can continue with the FBG implementation report and performance indicator review.	
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Adjourn			
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There is no MHPAC meeting in December. The next Council meeting will held Wednesday, January 9, 2008 at the Radisson Gateway Hotel from 9:30 a.m. until 3:30 p.m.

Please be sure to make airline travel/hotel arrangements at least two weeks in advance via email to Christina Carter at cartecc@dshs.wa.gov. Thank you for your cooperation.